Notice Date: December 22, 2023

To: Georgia Medicaid Providers

From: CareSource

Subject: Behavioral Health PIP for Adolescent Depression Screening

## Summary

Major depressive disorder (MDD) is the second leading cause of disability worldwide. In adolescents, depression can also result in serious long-term morbidities such as generalized anxiety disorder and panic disorder, or lead to engagement in risky behaviors such as substance use. Adolescent-onset depression increases the risk of attempted suicide five-fold in comparison with nondepressed adolescents.

To address the issue of adolescent depression, CareSource's Behavioral Health (BH) team would like to remind providers of the importance of screening for adolescent depression and to learn about the Centers for Medicare and Medicaid Services' (CMS) quality measure, CDF-CH: Screening for Depression and Follow-Up Plan Ages 12 to 17, as a standard for monitoring adolescent depression screening.