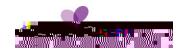
MEDICAL POLICY STATEMENT Marketplace		
Policy Name & Number	Date Effective	
Trigger Point Injections-MP-MM-1317	06/01/2024	
Policy Type		

Trigger Point Injections-MP-MM-1317 Effective Date: 06/01/2024

Trigger Point Injections-MP-MM-1317 Effective Date: 06/01/2024

Trigger Point Injections-MP-MM-1317 Effective Date: 06/01/2024



	02/28/2024	Annual review: moved state-specific information to section E, updated references, approved at Committee.
Date Effective	06/01/2024	
Date Archived		

I. References

- 1. Appasamy M, Lam C, Alm J, Chadwick AL. Trigger point injections. *Phys Med Rehabil Clin N Am.* 2022;33(2):307-333. doi:10.1016/j.pmr.2022.01.011
- 2. Chou R. Subacute and chronic low back pain: nonsurgical interventional treatment. UpToDate. Updated June 10, 2021. Accessed February 6, 2024. www.uptodate.com
- 3. Gerwin R. Myofascial trigger point pain syndromes. *Semin Neurol.* 2016;36(5):469-473. doi:10.1055/s-0036-1586262
- Hammi C, Schroader JD, Yeung B. Trigger point injection. StatPearls. StatPearls Publishing; 2024. Updated July 24, 2023. Accessed February 6, 2024. www.ncbi.nlm.nih.gov
- Hamzoian H, Zograbyan V. Trigger point injections versus medical management for acute myofascial pain: a systematic review and meta-analysis. *Cureus*. 2023;15(8):e43424. doi:10.7759/cureus.43424
- 6. Isaac Z. Management of non-radicular neck pain in adults. UpToDate. Updated January 12, 2024. Accessed February 6, 2024. www.uptodate.com
- 7. Khoury AL, Keane H, Varghese F, et al. Trigger point injection for post-mastectomy pain: a simple intervention with high rate of long-term relief. *NPJ Breast Cancer*. 2021;7:123. doi:10.1038/s41523-021-00321-w
- 8. Meyer GW. Anterior cutaneous nerve entrapment syndrome. UpToDate. Updated September 27, 2022. Accessed February 6, 2024. www.uptodate.com
- 9. Moynihan LK, Elkadry E. Myofascial pelvic pain syndrome in females: treatment. UpToDate. Updated January 11, 2023. Accessed February 6, 2024. www.uptodate.com
- 10. Tu FF, As-