



KENTUCKY MARKETPLACE			
Policy Name	Policy Number	Date Effective	
Intensive Outpatient Program ± Substance Use Disorder	AD-0957	01/01/2021-12/31/2021	
Policy Type			
Medical	<b>ADMINISTRATIVE</b>	Pharmacy	Reimbursement

Administrative Policy Statements prepared by CareSource and its affiliates are derived from literature based on and supported by clinical guidelines, nationally recognized utilization and technology assessment guidelines, other medical management industry standards, and published MCO clinical policy guidelines. Medically necessary services include, but are not limited to, those health care services or supplies that are proper and necessary for the diagnosis or treatment of a health care condition.

services. Please refer to the plan contract (often referred to as the Evidence of Coverage) for the service(s) referenced in the Administrative Policy Statement. If there is a conflict between the Administrative Policy Statement and the plan contract (i.e., Evidence of Coverage), then the plan contract (i.e., Evidence of Coverage) will be the controlling document used to make the determination.

According to the rules of Mental Health Parity Addiction Equity Act (MHPAEA), coverage for the diagnosis and treatment of a behavioral health disorder will not be subject to any limitations that are less favorable than the limitations that apply to medical conditions as covered under this policy.

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## Outpatient Program – Substance Use Disorder

### B. Background

Substance Use Disorder (SUD) services are provided on a continuum of care where the level of care varies dependent on the type and intensity of services provided. This policy addresses the Intensive Outpatient (IOP) level of care.

Treatment of substance use disorders is dependent on a substance use disorder diagnosis based on the Diagnostic and Statistical Manual of Mental Disorders.

### C. Definitions

- Intensive Outpatient Program (IOP) – Intensive Outpatient Services are offered by practice groups or Facilities that provide Behavioral Health Care Services. Intensive Outpatient Services programs are defined as those that provide three (3) hours of treatment per day, and the program is available at least two (2) to three (3) days per week. Intensive Outpatient Services programs may offer group, dialectical behavior therapy, individual, and family therapy.
- Inpatient Services – Health care services relating to a patient admitted to a



