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Appendix:

New York Heart Association Functional Classification		
Class 1	Cardiac Disease, but no symptoms and no limitation in ordinary physical activity, e.g. shortness of breath when walking, climbing	
	stairs, etc.	
Class 2	Mild symptoms (mild shortness of breath and/or angina) and slight	
	limitation during ordinary activity.	
Class 3	Marked limitation in activity due to symptoms, even during less-than-	
	ordinary activity, e.g. walking short distances (20-100 m).	
	Comfortable only at rest.	
Class 4	Severe limitations. Experiences symptoms even while at rest. Mostly	
	bedbound patients	