

PHARMACY POLICY STATEMENT North Carolina Marketplace

DRUG NAME	Spravato (esketamine)
BENEFIT TYPE	Pharmacy or Medical
BILLING CODE	G2082/G2083
STATUS	Prior Authorization Required

Spravato (esketamine) will be considered for coverage when the following criteria are met:

MAJOR DEPRESSIVE DISORDER WITH SUICIDAL IDEATION

For **initial** authorization:

1. Member is 18 years of age or older; AND
2. Member has a diagnosis of major depressive disorder (MDD) with documentation of acute suicidal ideation or behavior requiring immediate intervention; AND
3. Medication is being prescribed by a psychiatrist in a Spravato REMS certified center; AND
4. Medication must be used in conjunction with an oral antidepressant (e.g., citalopram, duloxetine, venlafaxine, bupropion, trazodone).
5. **Dosage allowed:** 84 mg (1 kit) twice per week for 4 weeks (8 kits total).

Note: If member also has concomitant treatment resistant depression (TRD), must meet criteria for TRD in order to qualify for longer approval duration.

If member meets all the requirements listed above, the medication will be approved for 1 month.

For **reauthorization**:

Continuation of Spravato beyond 4 weeks has not been established on (TRD) on 5/31/2018. (e)233(ra)

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7. Hirschfeld RM, Russell JM. Assessment and treatment of suicidal patients. *N Engl J Med.* 1997;337(13):910-915.
8. ClinicalTrials.gov. A Study to Evaluate the Efficacy and Safety of Intranasal Esketamine in Addition to Comprehensive Standard of Care for the Rapid Reduction of the Symptoms of Major Depressive Disorder, Including Suicidal Ideation, in Adult Participants Assessed to be at Imminent Risk for Suicide (Aspire II). Identifier: NCT03097133. Available at: <https://clinicaltrials.gov/ct2/show/NCT03097133>.
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11. Gaynes BN, Asher G, Gartlehner G, et al. *Definition of Treatment-Resistant Depression in the Medicare Population.* Rockville (MD): Agency for Healthcare Research and Quality (US); February 9, 2018.
12. Fekadu A, Donocik JG, Cleare AJ. Standardisation framework for the Maudsley staging method for treatment resistance in depression. *BMC Psychiatry.* 2018;18(1):100. Published 2018 Apr 11. doi:10.1186/s12888-018-1679-x
13. Rush AJ, Trivedi MH, Wisniewski SR, et al. Acute and longer-term outcomes in depressed outpatients requiring one or several treatment steps: a STAR*D report. *Am J Psychiatry.* 2006;163(11):1905-1917. doi:10.1176/ajp.2006.163.11.1905
14. 2021 Georgia Code Title 33 – Insurance Chapter 20A - Managed Health Care Plans Article 2 - Patient's Right to Independent Review § 33-20A-31 Definitions. Justia US Law. Accessed April 25, 2023. <https://law.justia.com/codes/georgia/2021/title-33/chapter-20a/article-2/section-33-20a-31/>.

Effective date: 8/14/2023

Revised date: 8/14/2023