## MEDICAL POLICY STATEMENT Marketplace

Policy	y Name & Number	Date Effective
Peripheral Nerve Blocks for Treatment of Pain-MP-MM-1401		06/01/2024

and

without which the patient can be expected to suffer prolonged, increased or new morbidity, impairment of function, dysfunction of a body organ or part, or significant pain and discomfort.

The MEDICAL Policy Statement detailed above has received due consideration as defined in the MEDICAL Policy Statement Policy and is app

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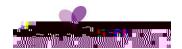
The MEDICAL Policy Statement det



## , , ,Chronic Pain

CareSource considers PNB, single injection, medically necessary when appropriate documentation for the treatment of chronic pain is included, only as part of an active component of a comprehensive pain management program when the following criteria are met:

- \$ Failure of conservative therapy, as evidenced by ALL the following: Documentation in the medical record of at least 6 weeks of active conservative therapy within the past 6 months OR inability to complete active conservative therapy due to contraindication, increased pain, or intolerance. Documentation in the medical record of at least 6 weeks inactive conservative therapy within the past 6 months.
- % Insufficient evidence supports the use of PNB for chronic pain: Genicular nerve or branches for chronic knee pain Cluneal nerve injections or blocks for chronic low back pain or pelvic pain Pudendal blocks for chronic pelvic pain conditions.
- , 9 Peripheral Radiofrequency Ablation



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- 11. Evolving Evidence Review: Middle Cluneal Nerve Block for Treatment of Low Back Pain. Hayes; 2022. Reviewed April 4, 2023. Accessed February 9, 2024. www.evidence.hayesinc.com
- 12. Evolving Evidence Review: Superior Cluneal Nerve Block for Treatment of Low Back Pain. Hayes; 2021. Accessed February 9, 2024. www.evidence.hayesinc.com
- 13. Frank FT, Sawsan A. Chronic pelvic pain in adult females: treatment. UpToDate. Updated March 15, 2023. Accessed February 9, 2024. www.uptodate.com
- 14. Garza I, Schwedt TJ. Chronic migraine. UpToDate. Updated September 5, 2023. Accessed February 9, 2024. www.uptodate.com
- 15. Garza I. Occipital neuralgia. UpToDate. Updated February 7, 2023. Accessed February 9, 2024. www.uptodate.com
- 16. Gautam S, Gupta N, Khuba S, et al. Evaluation of the efficacy of superior cluneal nerve block in low back pain: a prospective observational study. J Bodyw Mov Ther. 2022;30:221-225. doi:10.1016/j.jbmt.2022.03.001
- 17. Headaches in Over 12s: Diagnosis and Management. National Institute for Health and Care Excellence; 2012.