



REIMBURSEMENT POLICY STATEMENT OHIO MARKETPLACE

Policy Name		Policy Number	Effective Date
Trigger Point Injections		PY-1095	10/01/2020-05/31/2022
Policy Type			
Medical	Administrative	Pharmacy	REIMBURSEMENT



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A. Subject
Trigger Point Injections

B. Background

Reimbursement policies are designed to assist you when submitting claims to CareSource. They are routinely updated to promote accurate coding and policy clarification. These proprietary policies are not a guarantee of payment. Reimbursement for claims may be subject to limitations and/or qualifications. Reimbursement will be established based upon a review of the actual services provided to a member and will be determined when the claim is received for processing. Health care providers and their office staff are encouraged to use self-service channels to verify member's eligibility.

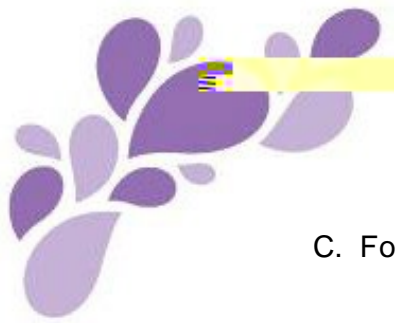
It is the responsibility of the submitting provider to submit the most accurate and appropriate CPT/HCPCS code(s) for the product or service that is being provided. The inclusion of a code in this policy does not imply any right to reimbursement or guarantee claims payment.

Nearly 84% of adults experience back pain during their lifetime. Long term outcomes are largely favorable for most patients, but a small percentage of patient's symptoms are categorized as chronic. Chronic pain is defined by the International Association for the Study of Pain as: "pain that persists beyond normal tissue healing time, which is assumed to be three months".

Interventional procedures for management of acute and chronic pain are part of a comprehensive pain management care plan that incorporates conservative treatment in a multimodality approach. Multidisciplinary treatments include promoting patient self-management and aim to reduce the impact of pain on a patient's daily life, even if the pain cannot be relieved completely. Interventional procedures for the management of pain unresponsive to conservative treatment should be provided only by physicians qualified to deliver these health services.

C. Definitions

- **Trigger Point Injections** - A trigger point is a hyper excitable area of the body,



C. For trigger-point inj(2.143 0ypeTe24MClh:ns)3T0 Tc 0 Tw 244.069 -10.566 2.93 -5.602 0 0 0

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