

AD

Policy Type
ADMINISTRATIVE



A. Subject
Readmission

B. Background

Following a hospitalization, readmission for the same or related problem within 3 days is often a costly preventable event and is a quality of care issue. It has been estimated that readmissions within 3 days of discharge can cost health plans more than \$1 billion dollars on an annual basis. Readmissions can result from many situations but most often are due to lack of transitional care or discharge planning. Readmissions can be a major source of stress to the patient, family and caregivers. However, there are some readmissions that are unavoidable due to the inevitable progression of the disease state or due to chronic conditions.

